

– CASTING CALL –  
**My Mind Matters**



Total Insight Theatre is looking for 3 performers with a playing age of 16-20 for a short verbatim film about mental health.

## About Total Insight Theatre

Total Insight Theatre is an award-winning arts charity that provides arts and cultural opportunities for children and young people, particularly those experiencing disadvantage. We create work that challenges preconceptions, stimulates debate and attracts new and diverse audiences.

## My Mind Matters

My Mind Matters is a verbatim film about the experiences of young people's mental health during lockdown. The film will be interwoven with spoken word and music, and will be available on a platform such as Vimeo as well as our website.

Using the technique of verbatim, or 'recorded delivery', the film is based on interviews with young people. These have been edited into an audio script that the performers listen to through headphones during filming to recreate the original interviews. Performers won't learn the lines in order to remain accurate to the original recordings and recreate every cough, sputter and hesitation from the original interviews.

## Desired criteria

- Playing age of 16-20
- Interest in verbatim
- Interest in mental health and young people's wellbeing

*Please note that experience of verbatim is not essential, however, we will ask shortlisted applicants to submit a short self tape of themselves performing verbatim using a snippet of our audio. We also require successful candidates to prepare at home before in-person rehearsals.*

## Availability

Performers will be required for 1 day of online rehearsals and 1.5 days of shooting.

### Rehearsals (online)

- Thursday, 17 or Friday, 18 September 2020

### Shooting week

- W/c 21 September 2020 in London

## Pay

### Total fee

- £450 (including home preparation, rehearsals and shooting). The fee includes all travel and expenses.

## How to apply

To apply, please send your CV and a cover letter detailing your relevant experience and interest in the project to Tash at [tash@totalinsighttheatre.com](mailto:tash@totalinsighttheatre.com). Where available, please include any links to showreels, sound clips and website.

We will be shortlisting applicants on a rolling basis until **12pm on Monday, 7 September 2020**. We therefore encourage applicants to apply as early as possible.

We will ask shortlisted applicants to submit a short self tape of themselves performing verbatim using a snippet of our audio. This can be filmed on a phone, table or computer and there is no need for professional editing.

We particularly welcome applicants from underrepresented communities and are committed to maintaining our inclusive culture as we believe in the value of different perspectives, experience and knowledge. Please don't hesitate to let us know if you have any access requirements.

**We look forward to hearing from you.**